

# CONQUEST OF PARADISE

Released: July 2023  
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Music: Conquest of Paradise Artist: Dana Winner  
Album: Unforgettable Too, Track 1  
Available as a single download from Amazon.com and Apple iTunes  
Time/Speed: Time: 4:09 @ 45 RPM = 25.3 MPM/76 BPM (Suggested speed +7.8%: @ 48.6 RPM = 27.3 MPM/82 BPM)  
Footwork: Opposite unless indicated (Woman's footwork in parentheses) **Adjust speed as desired**  
Timing: 1,2,3; unless indicated, reflects actual weight changes  
Rhythm/Phase: **Waltz Phase 4**  
Degree of Difficulty: AVG  
Sequence: Introduction A B C A 1-8 B C A Mod End

## MEAS:

### INTRODUCTION

- 1-4** SLIGHTLY OPEN FACING MAN FACING PARTNER & WALL LEAD FEET POINTED SIDE & BACK TRAIL HANDS JOINED LOW HEADS LOOKING DOWN WAIT 1 MEASURE ; LOOK UP ; SWAY APART ; SWAY TOGETHER TO BFLY ;
- 1 {Wait} Slightly OP-FCG partner & WALL L foot pointed sd & bk looking down trail hands joined, -, - (*W Slightly OP-FCG partner & COH R foot pointed sd & bk looking down trail hands joined, -, -*) slightly OP-FCG WALL ;
- 2 {LOOK UP} Look up at partner, -, - (*W Look up at partner, -, -*) slightly OP-FCG WALL ;
- 1 -- 3 {SWAY APT} Apt L twd DLC stretch left sd sweep left arm forward & out with palm toward COH while looking at ptr throughout meas ending in OP LOD, -, - (*W Apt R twd DLW stretch right sd , sweep right arm forward & out with palm toward WALL looking at ptr throughout meas ending in OP LOD, -, -*) OP LOD ;
- 1 -- 4 {SWAY TOG BFLY} Sd R to fc ptr stretching R sd sweeping L hand toward ptr to end in BFLY WALL looking at ptr throughout meas, -, - (*W Sd L to fc ptr stretching L sd sweeping R hand toward ptr to end in BFLY COH looking at ptr throughout meas, -, -*) BFLY WALL ;
- 5-8** ROLL 3 ; THRU FACE CLOSE BFLY ; VINE 3 ; PICK UP DLC ;
- 5 {ROLL 3} Start LF trn sd & fwd L, cont LF trn sd & bk R, compl LF trn sd L to BFLY WALL (*W Start RF trn sd & fwd R, cont RF trn sd & bk L, compl RF trn sd R to BFLY COH*) WALL BFLY ;
- 6 {THRU FC CL BFLY} Thru R trng to fc ptr, sd L, cl R to BFLY WALL (*W Thru L trng to fc ptr, sd R, cl L to BFLY COH*) WALL BFLY ;
- 7 {VINE 3} Sd L, XRib of L, sd L to BFLY WALL (*W Sd R, XLib of R, sd R to BFLY COH*) WALL BFLY ;
- 8 {PU DLC} Thru R begin LF trn leading W to CP, fwd & sd L, cl R to L CP DLC (*W Thru L trng LF, fwd & sd R in front of M turning LF to CP, cl L to R to CP DRW*) CP DLC ;
- 9-13** TWO LEFT TURNS TO DLW ; ; HOVER ; PICK UP DLC ; CANTER ;
- 9 {2 L TRNS DLW} Fwd L start LF trn, cont trng LF sd & fwd R, cont trng LF to fc RLOD cl L end CP RLOD (*W Bk R start LF trn, cont trng LF sd & bk L, cont trng LF to fc LOD cl R end CP LOD*) CP RLOD ;
- 10 Bk R start LF trn, cont trng LF sd & bk, cont trng LF to fc DLW cl R end CP DLW (*W Fwd L start LF trn, cont trng LF sd & fwd R, cont trng LF to fc DRC cl L end CP DRC*) CP DLW ;
- 11 {HVR} Fwd L, fwd & slightly sd R rising to ball of foot, sd & slightly fwd L to tight SCP DLC (*W Bk R, bk & slightly sd L rising to ball of foot, sd & slightly fwd R to tight SCP DLC*) SCP DLC ;
- 12 {PU DLC} Thru R, fwd & sd L begin LF trn leading W to CP, cl R to L CP DLC (*W Thru L trng LF, fwd & sd R in front of M turning LF to CP, cl L to R to CP DRW*) CP DLC ;
- 1 - 3 13 {CANTER} Sd L, draw R to L, cl R to CP DLC (*W Sd R, draw L to R, cl L to CP DRW*) CP DLC ;

### PART A

- 1-4** 1 LEFT TURN TO DRC ; HOVER CORTE ; BACK & CHASSE SCAR DRW ; FORWARD CHECKING LADY DEVELOPE ;
- 1 {1 L TRN TO DRC} Fwd L trng 1/4 LF, cont trn sd R diag acrs LOD trng 1/8 LF, cl L to CP DRC (*W Bk R trng 1/4 LF, cont trn sd L twd LOD trng 1/8 LF, cl R to CP DLW*) CP DRC ;
- 2 {HVR CORTE} Bk R starting LF trn, sd & fwd L with hovering action cont LF trn, rec R with R sd lead to BJO DLW (*W Fwd L trng LF, sd & fwd R with hovering action, rec L with L sd lead to BJO DRC*) BJO DLW ;
- 1 2 & 3 3 {BK & CHASSE TO SCAR DRW} Bk L commence RF trn, sd R cont RF trn/cl L, sd R to SCAR DRW (*W Fwd R commence slight RF trn, sd L cont RF trn/cl R, sd L to SCAR DLC*) SCAR DRW ;
- 1 -- 4 {FWD CKG LADY DEVELOPE} Fwd L ckg, lead W to Develope, - (*W Bk R ckg, raise L knee [w/ toe pointed down] up R leg to insd of R knee, kick L leg fwd to DLC & lower*) SCAR DRW ;
- 5-8** BACK & CHASSE TO BJO ; MANEUVER ; BACK BACK/LOCK BACK ; HESITATION CHANGE ;
- 1 2 & 3 5 {BK & CHASSE TO BJO} Bk R commence LF trn, sd & fwd L cont LF trn/cl R, sd L to BJO DLW (*W Fwd L commence LF trn, cont LF trn sd & bk R/cl L, sd R to BJO DRC*) BJO DLW ;

- 6 {**MANUV**} Fwd R outsd ptr trng RF, sd L trng RF to fc ptr, cl R end CP RLOD (*W Bk L trng RF, sd R trng RF to fc ptr, cl L end CP LOD*) CP RLOD ;
- 1 2& 3 7 {**BK BK/LK BK**} With R sd leading bk L, bk R/lk Lif of R, bk R (*W With L sd leading fwd R, fwd L/lk Rib of L, fwd L*) BJO RLOD ;
- 1 2 - 8 {**HES CHG**} Bk L trng RF, sd R cont RF trn, draw L to R to end CP DLC (*W Fwd R trng RF, sd L cont RF trn, draw R to L to end CP DRW*) CP DLC ;
- 9-12** **TURN LEFT & RIGHT CHASSE BJO ; IMPETUS TO SCP LOD ; THRU SCP CHASSE ; WHIPLASH ;**
- 1 2& 3 9 {**TRN L & R CHASSE TO BJO**} Fwd L trng LF, sd R/cl L, sd & bk R to BJO DRC (*W Bk R trng LF trn, sd L/cl R, sd & fwd L to BJO DLW*) ;
- 10 {**IMP TO SCP LOD**} With soft or flexed knees throughout bk L commence RF trn, cl R to L [heel trn] cont RF trn, comp trn sd & fwd L to SCP LOD (*W With soft or flexed knees throughout fwd R between M's feet commence RF trn, fwd & sd L cont RF trn arnd M brush R to L, comp trn fwd R to SCP LOD*) SCP LOD ;
- 1 2& 3 11 {**THRU SCP CHASSE**} Thru R, fwd L/cl R, fwd L SCP LOD (*W Thru L, fwd R/cl L, fwd R SCP LOD*) SCP LOD ;
- 1 - - 12 {**WHIPLASH**} Thru R, flexing R knee ronde L CW slightly swiveling LF on R, pt L sd & fwd end BJO LOD (*W Thru L, flexing L knee ronde R CCW swiveling LF to fc M end BJO RLOD, -*) BJO LOD ;
- 13-17** **OUTSIDE SWIVEL ; THRU SCP CHASSE ; IN & OUT RUNS ; ; CHAIR & SLIP ;**
- 1 - - 13 {**OUTSD SWVL**} Bk L in BJO, rotate bdy RF & XRif of L [no weight chg] lead Lady to swivel RF end SCP LOD, - (*W Fwd R in BJO, swvl RF on ball of R ronde L CW, cont swvl RF pt L bk DRW end SCP LOD, -*) SCP LOD ;
- 12& 3 14 {**THRU SCP CHASSE**} Thru R, fwd L/cl R, fwd L to SCP (*W Thru L, fwd R/cl L, fwd R to SCP*) SCP LOD ;
- 15 {**I/O RUNS**} Thru R starting RF trn, fwd & sd L continue RF trn to CP RLOD, cont RF trn bk & sd R w/ R sd leading to BJO DRC (*W Thru L, fwd R between M's feet, fwd L outsd ptr with L sd leading to BJO DLW*) BJO DRC ;
- 16 Bk L DLW starting RF trn, cont RF trn sd & fwd R between W's feet, with L sd leading sd & fwd L to SCP LOD (*W Fwd R outsd ptr starting RF trn, fwd & sd L continue RF trn, sd & fwd R to SCP LOD*) SCP LOD ;
- 17 {**CHR & SLP**} Ck thru R w/ lun action as for Chair, rec L [no rise], w/ slight LF bdy trn slp R bhd L cont trn to CP DLC (*W Ck thru L w/ lun action as for Chair, rec R [no rise], swvl LF on R & stp fwd L outsd M's R foot to CP DRW*) CP DLC ;

**PART B**

- 1-4** **TELEMARK TO SCP ; THRU CHASSE TO BJO ; MANEUVER ; IMPETUS TO SCP ;**
- 1 {**TELE TO SCP**} Fwd L DLC commencing LF trn, sd R cont trn, sd & fwd L to SCP DLW (*W Bk R trng LF bringing L beside R w/ no wgt, cont LF trn on R heel and chg wgt to L, sd & fwd R SCP DLW*) SCP DLW ;
- 1 2& 3 2 {**THRU CHASSE TO BJO**} Thru R commence trn to fc, sd L/cl R, sd L to BJO DLW (*W Thru L commence trn to fc, sd R/cl L, sd R to BJO DRC*) BJO DLW ;
- 3 {**MANUV**} Fwd R outsd ptr trng RF, sd L trng RF to fc ptr, cl R end CP RLOD (*W Bk L trng RF, sd R trng RF to fc ptr, cl L end CP LOD*) CP RLOD ;
- 4 {**IMP TO SCP**} With soft or flexed knees throughout bk L commence RF trn, cl R to L [heel trn] cont RF trn, comp trn sd & fwd L to SCP DLC (*W With soft or flexed knees throughout fwd R between M's feet commence RF trn, fwd & sd L cont RF trn arnd M brush R to L, comp trn fwd R to SCP DLC*) SCP DLC ;
- 5-9** **WEAVE TO BJO ; ; MANEUVER ; SPIN TURN ; BOX FINISH ;**
- 5 {**WEV TO BJO**} Thru R twd DLC, fwd L trng LF to CP, cont LF trn sd & bk R to BJO DRC (*W Thru L twd DLC trng LF, cont trn sd & slightly bk R to fc DRW, cont trn sd & fwd L to BJO DLW*) BJO DRC ;
- 6 Bk L twd LOD leading W to stp outsd to CBMP, bk R blending to CP trng LF, sd & fwd L to BJO DLW (*W Fwd R twd LOD outsd ptr to CBMP, fwd L twd LOD cont LF trn, sd & bk R to BJO DRC*) BJO DLW ;
- 7 {**MANUV**} Fwd R outsd ptr trng RF, sd L trng RF to fc ptr, cl R end CP RLOD (*W Bk L trng RF, sd R trng RF to fc ptr, cl L end CP LOD*) CP RLOD ;
- 8 {**SPN TRN**} Bk L pivoting 1/2 RF to LOD, fwd R between W's feet heel to toe cont trn leaving L leg extended bk & sd, comp trn rec sd & bk L to CP DLW (*W Fwd R between M's feet heel to toe pivoting 1/2 RF to RLOD, bk L toe cont turn brush R to L, comp trn sd & fwd R CP DRC*) CP DLW ;
- 9 {**BOX FIN**} Bk R commence LF trn, sd L, cl R (*W Fwd L commence LF trn, sd R, cl L CP DRW*) CP DLC ;

**PART C**

- 1-4** **DIAMOND TURN ; ; ; ;**
- 1 {**DIAM TRN**} Fwd L trng LF on the diag, cont LF trn sd R, bk L [w/ ptr outsd M] BJO DRC (*W Bk R trng LF on the diag, cont LF trn sd L, fwd R to BJO DLW*) BJO DRC ;
- 2 Staying in BJO bk R trng LF, sd L, fwd R outsd ptr to BJO DRW (*W Fwd L trng LF sd R, bk L to BJO DLC*) ;

3 Fwd L trng LF, sd R, bk L w/ the W outsd M to BJO DLW (*W Bk R trng LF, sd L, fwd R to BJO DRC*) ;  
 4 Bk R trng LF, sd L, fwd R to BJO DLC (*W Fwd L trng LF, sd R, bk L to BJO DRW*) BJO DLC ;

**5-8 TELEMARK TO SCP ; IN & OUT RUNS ; ; CHAIR & SLIP ;**

5 {**TELE TO SCP**} Fwd L DLC commencing LF trn, sd R cont trn, sd & fwd L to SCP DLW (*W Bk R trng LF bringing L beside R w/ no wgt, cont LF trn on R heel and chg wgt to L, sd & fwd R SCP DLW*) SCP DLW ;  
 6 {**I/O RUNS**} Fwd R starting RF trn, sd & bk toward DLW on L to CP, bk R w/ R sd leading to BJO DRC (*W Fwd L, fwd R between M's feet, fwd L outsd ptr with L sd leading to BJO DLW*) BJO DRC ;  
 7 Bk L trng RF, sd & fwd R between W's feet cont RF trn, fwd L to SCP DLW (*W Fwd R starting RF trn, fwd & sd L continue trn, fwd R to SCP DLW*) SCP DLW ;  
 8 {**CHR & SLP**} Ck thru R w/ lun action as for Chair, rec L [no rise], w/ slight LF trn slp R bhd L cont trn to end CP DLC (*W Ck thru L w/ lun action as for Chair, rec R [no rise], swvl LF on R & stp fwd L outsd M's R foot to CP DRW*) CP DLC ;

**9-12 VIENNESE TURNS ; ; TWICE ; ;**

9 {**VIEN TRNS**} Fwd L commencing LF trn, sd R cont LF trn, XLif of R end CP RLOD (*W Bk R commencing LF trn, sd L cont LF trn, cl R to L end CP LOD*) CP RLOD ;  
 10 Bk R cont LF trn, sd L trng LF, cl R to L CP LOD (*W Fwd L cont LF trn, sd R trng LF, XLif of R CP RLOD*) ;  
 11 {**VIEN TRNS**} Fwd L commencing LF trn, sd R cont LF trn, XLif of R end CP RLOD (*W Bk R commencing LF trn, sd L cont LF trn, cl R to L end CP LOD*) CP RLOD ;  
 12 Bk R cont LF trn, sd L trng LF, cl R to L CP LOD (*W Fwd L cont LF trn, sd R trng LF, XLif of R CP RLOD*) ;

**13-16 TELEMARK TO BJO ; MANEUVER ; SPIN TURN ; BOX FINISH ;**

13 {**TELE TO BJO**} Fwd L commencing LF trn, fwd & sd R arnd W close to W's feet trng LF, fwd & sd L to tight BJO DLW (*W Bk R commencing LF heel trn on R heel bringing L beside R w/ no wgt, cont LF trn on R heel & chg wgt to L, bk & sd R to BJO DRC*) BJO DLW ;  
 14 {**MANUV**} Fwd R outsd ptr trng RF, sd L trng RF to fc ptr, cl R end CP RLOD (*W Bk L trng RF, sd R trng RF to fc ptr, cl L end CP LOD*) CP RLOD ;  
 15 {**SPN TRN**} Bk L pivoting 1/2 RF, fwd R between W's feet heel to toe cont trn leaving L leg extended bk & sd, comp trn rec sd & bk L to CP DLW (*W Fwd R between M's feet heel to toe pivoting 1/2 RF, bk L toe cont turn brush R to L, comp trn sd & fwd R CP DRC*) CP DLW ;  
 16 {**BOX FIN**} Bk R commence LF trn, sd L, cl R to CP DLC (*W Fwd L commence LF trn, sd R, cl L CP DRW*) CP DLC ;

**PART A MEASURES 1 - 8****1-4 1 LEFT TURN TO DRC ; HOVER CORTE ; BACK & CHASSE SCAR DRW ; FORWARD CHECKING LADY DEVELOPE ;**

1-4 Same as Part A meas 1- 4 ; ; ; ;

**5-8 BACK & CHASSE TO BJO ; MANEUVER ; BACK BACK/LOCK BACK ; HESITATION CHANGE ;**

5-8 Same as Part A meas 5 - 8 ; ; ; ;

**REPEAT PART B****1-4 TELEMARK TO SCP ; THRU CHASSE TO BJO ; MANEUVER ; IMPETUS TO SCP ;**

1-4 Same as Part B meas 1- 4 ; ; ; ;

**5-9 WEAVE TO BJO ; ; MANEUVER ; SPIN TURN ; BOX FINISH ;**

5-9 Same as Part B meas 5 - 9 ; ; ; ; ;

**REPEAT PART C****1-4 DIAMOND TURN ; ; ; ;**

1-4 Same as Part C meas 1- 4 ; ; ; ;

**5-8 TELEMARK TO SCP ; IN & OUT RUNS ; ; CHAIR & SLIP ;**

5-8 Same as Part C meas 5 - 8 ; ; ; ;

**9-12 VIENNESE TURNS ; ; TWICE ; ;**

9-12 Same as Part C meas 9 - 12 ; ; ; ;

**13-16 TELEMARK TO BJO ; MANEUVER ; SPIN TURN ; BOX FINISH ;**

13-16 Same as Part C meas 13 - 16 ; ; ; ;

**PART A MODIFIED****1-4 1 LEFT TURN TO DRC ; HOVER CORTE ; BACK & CHASSE SCAR DRW ; FORWARD CHECKING LADY DEVELOPE ;**

1-4 Same as Part A meas 1- 4 ; ; ;

**5-8 BOX FINISH DLW ; HOVER ; WEAVE TO BJO ; ;**5 {**BOX FIN DLW**} Bk R begin LF turn, sd L, cl R (*W Fwd L begin LF turn, sd R, cl L CP DRC*) CP DLW ;6 {**HVR**} Fwd L, fwd & slightly sd R rising to ball of foot, sd & slightly fwd L to tight SCP DLC (*W Bk R, bk & slightly sd L rising to ball of foot, sd & slightly fwd R to tight SCP DLC*) SCP DLC ;7 {**WEV TO BJO**} Thru R twd DLC, fwd L trng LF to CP, cont LF trn sd & bk R to BJO DRC (*W Thru L twd DLC trng LF, cont trn sd & slightly bk R to fc DRW, cont trn sd & fwd L to BJO DLW*) ;8 Bk L twd LOD leading W to stp outsd to CBMP, bk R blending to CP trng LF, sd & fwd L to BJO DLW (*W Fwd R twd LOD outsd ptr to CBMP, fwd L twd LOD cont LF trn, sd & bk R to BJO DRC*) BJO DLW ;**END****1-4 MANEUVER ; SPIN TURN OVERTURNED TO DRW ; BACK & CHASSE TO BJO ; FORWARD FACE CLOSE TO WALL ;**1 {**MANUV**} Fwd R outsd ptr trng RF, sd L trng RF to fc ptr, cl R end CP RLOD (*W Bk L trng RF, sd R trng RF to fc ptr, cl L end CP LOD*) CP RLOD ;2 {**SPN TRN OVRTRND TO DRW**} Bk L pivoting 1/2 RF to LOD, fwd R between W's feet heel to toe cont trn leaving L leg extended bk & sd, comp trn rec sd & bk L to CP DRW (*W Fwd R between M's feet heel to toe pivoting 1/2 RF to RLOD, bk L toe cont turn brush R to L, comp trn sd & fwd R CP DLC*) CP DRW ;1 2& 3 {**BK & CHASSE TO BJO**} Bk R commence LF trn, sd & fwd L cont LF trn/cl R, sd & fwd L to BJO DLW (*W Fwd L commence LF trn, cont LF trn sd & bk R/cl L, bk R to BJO DRC*) BJO DLW ;4 {**FWD FC CL TO WALL**} Fwd R trng RF, sd L to fc ptr, cl R to CP WALL (*W Bk L trng RF, sd R to fc ptr, cl L to CP COH*) CP WALL ;**5-7 SIDE PROMENADE SWAY ; SLOW OVERSWAY ; HOLD ;**1 -- 5 {**SD PROM SWAY**} Sd & fwd L, stretch body upward, to look over joined lead hnds to SCP LOD (*W Sd & fwd R, stretch body upward, to look over joined lead hnds to SCP LOD*) SCP LOD ;--- 6 {**SLO OVRSWAY**} Relax L knee slightly keeping R leg extended, w/ slight LF rotation through R hip stretch L sd of body swiveling W's R ft 1/4 LF to CP, look twd & over W cont to sway (head well to L) now in CP DLW (*W Relaxing R knee leaving L leg extended, w/ slight LF rotation stretch R sd, looking well to the L*) CP DLW ;--- 7 {**HOLD**} -, -, - (*W -, -, -*) ;