

JESSE



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Music: CD: The Best Collection of Dancelife Track #16 Artist: Dancelife Studio

Suggested speed: Slower from the original (29MPM) to 28MPM

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Basic Rhythm: 123 except where noted

Rhythm & Phase: Waltz V+0+3 (Reverse Wing, Closed Change, Double RF Turning Lock)

Sequence: **Intro A B A B-Modif**

Released: April, 2019

Meas

INTRO

1-4 WAIT;; SLIDE APT W STORK LINE; W TRN LF TO CP;

1-2 Wait 2 Meas in SHDOW/DLC lead ft free jnd L-hnds extended sd M's R-hnd at W's Shoulder blade W's R-hnd extended sd;;

1-- 3 **{Slide Apt W Stork Line}** Releasing R-hnd sd L, flexing L-knee extend jnd L-hnds looking at W free R-hnd extended sd, hold (W sd R, lifting L-knee along R-leg straighten R-leg w/ sway L free R-hnd above head, hold) end OP/DLC L-hnds jnd;

1-- 4 **{W Trn LF to CP}** Leading W trn LF w/ jnd L-hnds sd R, draw L to R, tch L to R assuming CP (W (W 123) sd L comm trng LF, cont trng LF sd R to fc M, cl L) end CP/DLC;

5-8 DBL REV SPIN FC DLW; WHISK; SYNC WHISK; WING TO SCAR;

12- 5 **{Dbi Rev Spin Fc DLW}** CP/DLC fwd L comm trng LF, sd R around W cont trng LF, cont trng LF (W 12&3) on R tch L to R (W bk R comm trng LF, cl L to R cont trng LF/cont trng LF sd & bk R, XLIF) end CP/DLW;

6 **{Whisk}** Fwd L, sd & fwd R, XLIB end SCP/DLC;

1&23 7 **{Sync Whisk}** Thru R/swiveling RF on R to CP cl L, sd R, XLIB end SCP/DLC;

1-- 8 **{Wing to SCAR}** Thru R, rotating upper body RF draw L twd R, cont rotating upper body LF tch L (W 123) to R (W thru L XIF of M comm trng LF, fwd R around M cont trng LF, fwd L around M slightly trng LF) end tight SCAR/DLC;

PART A

1-4 TELEMARK TO SCP; THRU CHASSE TO BJO; NAT TELEMARK TO SCAR; REV WING TO BJO;

1 **{Telemark to SCP}** SCAR/DLC fwd L outside ptr comm trng LF, cont trng LF sd R around W, cont trng LF sd & fwd L (W bk R ptr outside comm trng LF, cont trng LF on R-heel cl L, cont trng LF sd & fwd R) end SCP/DLW;

12&3 2 **{Thru Chasse to BJO}** Thru R comm trn to fc, sd L/cl R, sd & fwd L (W thru L comm trn to fc, sd R/cl L, sd & bk R) end BJO/DLW;

3 **{Nat Telemark to SCAR}** Fwd R outside ptr comm trng RF, cont trng RF sd L around W, cont trng RF sd & fwd R (W bk L ptr outside comm trng RF, cont trng RF on L-heel cl R, cont trng RF sd & bk L) end tight SCAR/DLW;

1-- 4 **{Rev Wing to BJO}** Fwd L outside ptr, rotating upper body RF draw R twd L, cont rotating upper (W 123) body RF tch R to L (W bk R ptr outside, sd L across M, fwd R outside ptr) end tight BJO/DLW;

5-8 CURVED FEATHER; OUTSIDE SPIN; QK LK SLOW LK; BOX FIN;

5 **{Curved Feather}** BJO/DLW fwd R outside ptr comm curving RF, sd & fwd L cont curving RF w/ L-shoulder lead, fwd R cont curving RF w/ checking motion end BJO/DRW;

6 **{Outside Spin}** Bk L small step ptr outside comm trng RF, fwd R cont trng RF, cont trng RF on R sd & bk L (W fwd R outside ptr comm trng RF, cont trng RF cl L, cont trng RF on L fwd R) end CP/DRW;

1&23 7 **{Qk Lk Slow Lk}** Rotating upper body RF sd & bk R w/ R-sd lead/XLIF, sd & bk R, XLIF end BJO/DRW;

8 **{Box Fin}** Bk R, trng LF to fc DLW sd L, cl R end CP/DLW;

PART A (cont'd)

- 9-13** **CLOSED CHG; MANUV; SPIN OVERTRN; DBL R TRNG LKS TO SCP;;**
 9 {Closed Chg} CP/DLW fwd L, sd & fwd R, cl L end CP/DLW;
 10 {Manuv} Fwd R comm trng RF, cont trng RF sd L, cl R end CP/RLOD;
 11 {Spin Overtrn} Bk L pivoting RF, cont trng RF fwd R twd LOD, cont trng RF bk L twd LOD end CP/RLOD;
 1&23 12-13 {Dbl R Trng Lks to SCP} Bk R w/ R-sd lead comm RF trn/XLIF to fc COH, sd & fwd R btwn W's
 1&23 ft pivoting RF, cont pivoting RF bk L (W fwd L w/ L-sd lead/XRIB trng RF, cont trng RF sd & bk L, cont trng RF fwd R) end CP/RLOD; Bk R w/ R-sd lead comm RF trn/XLIF to fc COH, cont trng RF sd & fwd R btwn W's ft, sd & fwd L (W fwd L w/ L-sd lead/XRIB trng RF, cont trng RF sd & bk L, cont trng RF sd & fwd R) end SCP/DLC;
14-16 **WEAVE 6 TO BJO; CLOSED WING;**
 14-15 {Weave 6 to BJO} SCP/DLC fwd R, fwd L comm trng LF, cont trng LF sd & slightly bk R twd DLC (W fwd L, trng LF sd & bk R, cont trng LF fwd L) end BJO/DRW; Bk L ptr outside, bk R trng body LF, cont trng LF sd & fwd L (W fwd R outside ptr, fwd R trng body LF, cont trng LF sd & bk R) end BJO/DLW;
 1-- 16 {Closed Wing} Fwd R outside ptr, rotating upper body LF draw L twd R, cont rotating upper body
 (W 123) LF tch R to L (W bk L ptr outside, sd R across M, fwd L outside ptr) end tight SCAR/DLW;

PART B

- 1-4** **HOVER TELEMARCK TO SCP; THRU SCP CHASSE; W SYNC ROLL LF TO OP; OPEN CROSS CHECK & EXTEND;**
 1 {Hover Telemark to SCP} SCAR/DLW fwd L outside ptr, sd & fwd R btwn W's ft rising slightly trng body RF, fwd L small step (W bk R ptr outside, sd & bk across IF of M rising trng body RF, fwd R small step) end SCP/LOD;
 12&3 2 {Thru SCP Chasse} Thru R, sd & fwd L/cl R, sd & fwd L end SCP/LOD;
 123 3 {W Sync Roll LF to OP} Thru R leading W roll LF, fwd L trng LF to fc COH, sd R joining trailing
 (W 12&3) hnds (W thru L comm rolling LF, cont rolling LF sd & bk R/cont trng LF cl L, sd R) end OP/COH;
 1-- 4 {Open Cross Check & Extend} XLIF flexing knees, extend upper body R twd LOD, -;
5-8 **REC W SWIVEL TO DEVELOPE; W TRNG HOVER M TRANS TO LOP; W ROLL ACROSS TO SCP; SLOW SD LK;**
 1-- 5 {Rec W Swivel to Develope} OP/COH rec R, pt L sd & bk twd RLOD, hold (W rec R, swiveling LF on R ronde L CCW tch L to R, lift L-knee along R-leg & extend L fwd slightly across body twd DLC & lower);
 -23 6 {W Trng Hover M Trans to LOP} Hold leading W roll LF, cl L joining lead hnds, fwd R small step
 (W 123) (W trng LF fwd L twd RLOD, fwd R trng LF 1/2 w/ hovering action, fwd L small step) end LOP/LOD;
 7 {W Roll Across to SCP} Fwd L small step leading W roll across, fwd R, slightly trng LF sd & fwd L (W fwd R across M comm trng RF, cont trng RF sd & bk L, sd & fwd R) end SCP/DLC;
 8 {Slow Sd Lk} Thru R, sd & fwd L picking up W, slightly trng LF XRIB end CP/DLC;
9-12 **DBL REV SPIN FC DLW; WHISK; SYNC WHISK; WING TO SCAR;**
 9-12 Repeat Meas 5-8 of INTRO end SCAR/DLC;;;

PART A

PART B MODIF

- 1-12** **HOVER TELEMARCK TO SCP; THRU SCP CHASSE; W SYNC ROLL LF TO OP; OPEN CROSS CHECK & EXTEND; REC W SWIVEL TO DEVELOPE; W TRNG HOVER M TRANS TO LOP; W ROLL ACROSS TO SCP; SLOW SD LK; DBL REV SPIN FC DLW; WHISK; THRU RONDE TCH TO X-LINE;;**
 1-10 Repeat Meas 1-10 of PART B end SCP/DLC;;;;;
 1-- 11-12 {Thru Ronde Tch to X-Line} Thru R flexing knee, rising on R ronde L CW, tch L; Flexing R-knee
 --- extend L sd & fwd twd COH w/ sway L, -, - (W flexing L-knee extend R twd LOD w/ sway R, -, -);