

"ON AND ON"

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RECORD: Star 206B (flip: "This Can't Be Love") available at Palomino Records

FOOTWORK: Opposite (Woman's footwork in paranthesis) **RHYTHM:** Rumba RAL PH: III

SEQUENCE: INTRO-AA-BB-B-A-END

MEAS**INTRODUCTION****1-4 WAIT;; CUCARACHAS TWICE;;**

1-2 In BFLY wait;;

3-4 Twd LOD sd L, rec R, cl L,-; Twd RLOD sd R, rec L, cl R,-;

PART A**1-4- BASIC;; NYer; WHIP to FC COH BFLY;**

1-2 Fwd L, rec R, sd L,-; Bk R, rec L, sd R,-;

3-4 Ck fwd L twd RLOD, rec R to FC ptr, sd L,-; Bk R trng ¼ L FC, rec fwd L cont trng ¼, sd R to FC COH,-; (W Fwd L outsd M's L sd twd COH, fwd R trng ½ R FC, sd L to BFLY,-;)

5-8 FENCE LINE TWICE;; SHOULDER TO SHOULDER TWICE;;

5-6 X Lung L, rec R to FC ptr, stp sd L,-; X Lung R, rec L to FC ptr, stp sd R,-;

7-8 XLif R (W XRib L), rec R to FC, sd L,-; XRif L (W XLif R), rec L to fc, sd R,-;

9-12 CHASE PEEK-A-BOO;;;:

9 Fwd L trng ½ R FC, rec fwd R, cl L,-; (W Bk R, rec L, fwd R,-;)

10 Sd R look over L shldr, rec. l, cl R,-; (W Sd L, rec R, cl L,-;)

11 Sd L look over R shldr, rec R, cl L,-; (W Sd R, rec L, cl R,-;)

12 Fwd R trng ½ L FC, rec L, fwd R,-; (W Fwd L, rec R, bk L,-;)

13-16 BASIC;; NYer; WHIP to FC BFLY WALL;

13-14 Repeat **MEAS** 1-2 **PART A**

15-16 Repeat **MEAS** 3-4 **PART A** FC BFLY WALL

REPEAT PART A**PART B****1-4 ALEMANA;; LARIAT to BFLY;;**

1-2 Fwd L, rec R, cl L ld W to R FC trn,-; (W Bk R, rec L, sd R commence R FC swivel,-;) Bk R, rec L, sd R,-; (W cont R FC trn und ld hnds fwd L, cont R FC trn fwd R, sd L,-;)

3-4 Sd L, rec R, cl L,-; (W Fwd R, fwd L, fwd R circ beh man.-;) Sd R, rec L, cl R,-; (W Fwd L, fwd R, fwd L cont circ to FC to BFLY,-;)

5-8**NYer TWICE to BFLY;; TRAVELING DOOR TWICE to OPLD;;**

5-6 Twd RLOD stp thru L to LOP, rec R to FC ptr, sd L to LOD,-; Twd LOD stp thru R to Op, rec L to FC ptr, sd R to RLOD to BFLY,-;)

7-8 Twd LOD rk sd L, rec R, XLif R,-; Twd RLOD rk sd R, rec L, XRif L to OPLD,-;

9-12**SLIDING DOOR TWICE;; CIRCLE AWAY & TOGETHER;;**

9-10 Rk sd L, rec R, XLif R,-; Rk sd R, rec L, XRif L,-;

11-12 Fwd L trng L Fc, fwd R twd COH, fwd L,-; Fwd R trng L Fc, fwd L twd WALL, fwd R,-;

13**NYer in 4 to BFLY;**

13 Twd LOP RLOD fwd L keeping L leg straight, rec R to FC ptr, sd L, rec R to FC ptr & WALL;

REPEAT PART A**ENDING****1-4****HALF BASIC; CUCARACHA; SHOULDER TO SHOULDER TWICE;;**

1-2 Repeat Mens 1 PART A,-; Sd R, rec L, cl R,-;

3-4 Repeat MEAS 7-8 PART A

5-8**ALEMANA TO BFLY;; BASIC;;**

5-6 Repeat MEAS 1-2 PART B to BFLY

7-8 Repeat MEAS 1-2 PART A

9-10**NYer; AIDA & HOLD;**

9 Repeat MEAS 3 PART A

10 Twd LOD fwd R trng R FC, sd L cont R FC trn, bk R to bk to bk V-shape & raise outsd arms in a sweep