

White Castle

Choreo: Pam & Tom Young, 3311 NW Hickory Ridge Lane, Topeka, Kansas 66618-2724

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Artist: Helmut Licht www.ballroommusic.com/foxtrot [For music, go to this website]

Music: CD: Ballroom & Round Dancing Music, Foxtrot CD, Track 5, White Castle

Footwork: Opposite unless noted (Woman's footwork in parentheses) Time: 3:33

Rhythm: Foxtrot RAL Phase 3 Timing: SQQ except where noted Degree of Difficulty: Average

Sequence: INTRO - AA - B - CC - AA - B - C - ENDING

INTRODUCTION

MEAS:

1 - 4 LOP Fcg DLW [Lead hands joined] WAIT 2 MEAS; ; STEP TOG, DRAW, TCH; BOX FIN DLC;

1-4 Wait 2 meas; ; Fwd L, -, draw R, tch R; Bk R comm LF trn, -, sd L trng twd DLC, fwd R to DLC;

5 - 8 2 LEFT TURNS; ; (CP/WL) BOX; ; (CP/WL)

5-6 Fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L to CP/ROD (W bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, -, cont trn sd & fwd L, cl R to CP/ WALL (W fwd L stg LF upper bdy trn, -, cont trn sd & bk R, cl L);

7-8 Fwd L, -, sd R, cl L; Bk R, -, sd L, cl R; (CP/WALL)

PART A

1 - 4 HOVER SCP; THRU HOVER BJO; BACK HOVER SCP; PICKUP & RUN 2; (CP/LOD)

1 Fwd L, -, fwd & slightly sd R rising to ball of ft, sd & slightly fwd L to tight SCP/LOD;

2 Thru R, -, fwd L w/slight rise, rec bk R (thru L, -, sd & fwd R trng LF w/rise, rec fwd L) to BJO/LOD;

3 Bk L, -, sd & bk R w/slight rise, fwd L (fwd R, -, sd & fwd L trng RF w/rise, rec fwd R) to SCP/LOD;

4 Fwd R sm stp (fwd L comm LF trn in frt of man to PU pos), -, fwd L, fwd R to CP/LOD;

5 - 8 LEFT TURNING BOX 3/4; ; BACK 1/2 BOX; (CP/WL)

5-8 Fwd L comm LF upper bdy trn, -, fwd & sd R comp 1/4 lf trn to COH, cl L; Bk R comm LF upper bdy trn, -, bk & sd L comp 1/4 LF trn to RLOD, cl R; Fwd L comm LF upper bdy trn, -, fwd & sd R comp 1/4 LF trn to WALL, cl L; Bk R, -, sd L, cl R; (CP/WALL)

REPEAT PART A:

PART B

1 - 4 WHISK; PKUP,SD,CLS; (CP/LOD) PROGRESSIVE BOX; ;

1 Fwd L, -, fwd & sd R comm rise to ball of ft, XLibR (W XRibL) cont to full rise to SCP/LOD;

2 Thru R sm stp (thru L comm LF trn in frt of man to PU pos), -, sd L, cl R;

3-4 Fwd L, -, sd R, cl L; Fwd R, -, sd L, cl R; (CP/LOD)

5 - 8 2 LEFT TURNS; ; (BFLY/WALL) VINE 3; THRU,FC,CLS; (CP/WALL)

5-6 Repeat meas 5 & 6 of Introduction; ; (BFLY/WALL)

7-8 Sd L, -, xRibL, sd L; Thru R, -, fwd & sd L trng RF to fc wall, cl R; (CP/WALL)

PART C

1 - 4 HOVER SCP; THRU, CHASSE SCP; THRU, CHASSE BJO; MANEUVER;

1 Repeat meas 1 of Part A;

[SQ&Q] 2 Thru R trn to fc ptr, -, sd L/cl R, sd L to SCP;

[SQ&Q] 3 Thru R trn to fc ptr, -, sd L/cl R, sd L (W sd & bk R) to BJO/LOD;

PART C continued

- 4 Comm RF trn fwd R (W bk L comm RF trn), -, cont RF trn sd & bk L to fc ptr & RLOD (W cont RF trn sd & fwd R to fc ptr & LOD), cl R (W cl L);

5 – 8 IMPETUS SCP/LOD; CHAIR,RECOVER,SLIP; (CP/LOD) 2 LEFT TURNS;; (CP/WL)

- 5 Comm RF upper bdy trn bk L, -, cl R to L [heel trn] cont RF trn, comp trn fwd L to tight SCP/LOD;
6 Thru R (W thru L) bending at the knee & lowering with L (W's R) leg extended beh to profile the sd view of a straight chair, -, rec bk L (W bk R comm LF trn), bk R (W fwd L comp LF trn) to CP/LOD;
7-8 Repeat meas 5-6 of Introduction to CP/WALL;;

REPEAT PART C:**ENDING****1 – 4 HOVER SCP; THRU, CHASSE SCP; THRU, CHASSE BJO; MANEUVER;**

- 1-4 Repeat meas 1-4 of Part C;;;

5 – 6 IMPETUS SCP; CHAIR THRU LOD & HOLD;

- 5 Repeat meas 5 of Part C to SCP;
6 Thru R (W thru L) bending at the knee & lowering with L (W's R) leg extended beh to profile the sd view of a straight chair, -, hold, hold;

WHITE CASTLE Foxtrot – P Young Quick Cues

Sequence: INTRO – AA – B – CC – AA – B – C – ENDING

INTRO: LOP FCG DLW WAIT 2 MEAS;; STP TOG, DRW, TCH; BOX FIN; (DLC)
2 L TRNS;; (CP/WALL) BOX;; (CP/WALL)

PART A:

HVR SCP; THRU HVR BJO; BK HVR SCP; PU, RUN 2;
L TRNG BOX ¾;; BK ½ BOX; (CP/WALL)

REPEAT A:**PART B:**

WSK; PU,SD, CL; (CP/LOD) PROG BOX;;
2 L TRNS;; (BFLY/WALL) VINE 3; THRU,FC,CL; (CP/WALL)

PART C:

HVR SCP; THRU CHASSE SCP; THRU CHASSE BJO; MANUV;
IMP SCP; CHAIR, REC, SLIP; (CP/LOD) 2 L TRNS;; (CP/WALL)

REPEAT C - 1st time thru only:**ENDING:**

HVR SCP; THRU CHASSE SCP; THRU CHASSE BJO; MANUV;
IMP SCP; CHAIR THRU & HOLD;